**VFR Flight Plan** Fuel Required: Fuel Consumption: Fuel on Board: Endurance:

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| **Pilot:** | **Aircraft:** | **Date:** | **Departure Time:** |
| From/To | Safety Alt. | Alt. | CAS | TAS | W/V | TRK°T | Drift | HDG°T | Var. | HDG°M | GS | Dist. | Time | ETA |
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| **Emergency** | **121.500** |  | **Safetycom** | **135.475** |  | **Pass Your Message** | **Position Report** |  | **Notes** |
| **London Information** | **124.750** |  |  | **A** Aircraft callsign + type**D** Departure point**D** Destination**P** Present position**A** Altitude/flight level**A** Additional details | **A** Aircraft callsign**P** Position**T** Time **L** Level**N** Next position and ETA |  |
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|  |  |  |  | **MAYDAY / Pan-Pan** |
|  |  |  |  | Mayday, Mayday, Mayday / Pan-Pan, Pan-Pan, Pan-PanName of the station addressedAircraft callsign + typeNature of the emergencyIntention of the pilot-in-commandPresent or last known positionFlight level / altitudeHeadingPilot qualificationsAny other useful information (e.g. endurance, POB) |
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